<u>Current and Past Medical Conditions</u> (Please Check Only the Ones That Apply To You)

	Y N Date of Diagnosis		Y	N	Date of Diagnosis
Heart Disease		High Blood Pressure			
Stroke		Varicose Veins			
Clotting Defects		Diabetes			<u> </u>
Kidney Trouble		Epilepsy			
Recent Fractures		Arthritis			
Colitis		Gallbladder Trouble			
<u>Irritable Bowel</u>		Asthma			
Ulcers		Autoimmune Disorder			
<u>Fibromyalgia</u>		Osteoporosis			
Chronic Fatigue		Cancer			
Eating Disorder		Liver Disease			

Habits:

Do You Get Routine Exercise	Y N	What Type	How Often
Do You Use Tobacco Products	Y N	How Much	How Long
Do You Use Alcohol Products	Y N	How Much	How Long
Do You Use Caffeine Products	$\mathbf{Y} \mathbf{N}$	How Much	How Long

Family History:

Relative	Breast Cancer	Heart Disease	Diabetes	
Mother				
Father				
Brother				
Sister				
Aunts				
Uncles				
Paternal Grandmother				_
Paternal Grandfather				_
Maternal Grandmother				
Paternal Grandfather				_